

Spiritual Reflection – September 2014



“I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst I am the living bread that came down from heaven;” (Jn 6:35-36.51).

“Mary must introduce me into the mystery of our altars, and decorate my soul with a bridal and Eucharistic love....” (Venerable Mother Frances Streitel – Various Writings and Documents of the Beginnings of the Congregation, Spiritual Notes, 5)

The TABERNACLE, living presence of our Lord Jesus, is the place that can help us to better understand the meaning of Eucharist, “height and source” of each believer’s journey and testimony of the gospel of Jesus in the reality of our time.

Our technological civilization, which has been conquering space and thinks of settling on Mars, is, at the same time, seized by a big question: will we have bread, life for all in the future? We can find an answer to this question standing before Jesus in the Eucharist. Through the scientific research we may better understand the immensity of God but in the Eucharist we find only one answer: the real Presence of Jesus, Who renews the gift of Himself on the altar every day. We need to stand before the tabernacle, contemplate the LIVING Presence of our Lord Jesus, His humanity and His Mercy, in order to continue our journey as believers, worshipers, witnesses of Jesus, Who continually gives himself in a renewed way.

With fidelity and an attitude of adoration, we ask Mary, His and our Mother, to help us to be worshipers of the Eucharist. We participate with Mary in the Eucharist; we also learn to become Eucharist, to make our lives a song of thanksgiving, praise and blessing. In this way the Eucharist will be for us the real Viaticum that every day accompanies and supports our journey of faith.

“Oh, Virgin Mary, through your perfect ‘YES’ you transformed yours and our lives. Teach us also to worship Jesus with faithfulness such as yours. Help us to understand that as Christians and consecrated persons our faith grows through listening, silence and Adoration. So be it”.

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